



Behavioral Health Referral Line

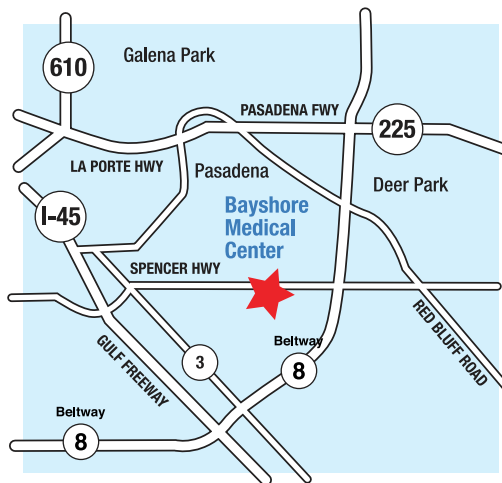
Help is a phone call away... Adult Behavioral Health Solutions has qualified mental health professionals available 24 hours a day, seven days a week, to appropriately connect people in need of behavioral health services. We provide a direct number for clinicians, facilities or family members to call for quick placement of behavioral health patients.

Upon referral, a team member will:

- Request a patient's basic information and issues of concern while maintaining patient confidentiality
- Determine the most appropriate level of care and referral
- Authorize admission and coordinate patient transportation if necessary

**Confidential
Referral Line: (713) 359-5000**

Bayshore Medical Center is the only hospital in Pasadena fully accredited by The Joint Commission and the Society of Chest Pain Centers. The Bayshore campus is a 392-bed acute-care facility that has been serving the needs of southeast Harris County for 50 years. Bayshore's wide range of services includes acute care of the medical and surgical patient and specialty services such as: Advanced Wound Care Center; Cardiovascular and Cardiology Services, including open heart; Level III Neonatal Intensive Care Unit; Level III Trauma Designated ER; Inpatient Pediatric Unit; Inpatient Rehabilitation Unit and award-winning Maternity Services.



Bayshore Medical Center 

An HCA Affiliated Hospital

Adult Behavioral Health Solutions

4000 Spencer Highway
Pasadena, TX 77504 • (713) 359-5000
bayshoremedical.com

Adult Behavioral Health Solutions



**Stabilize your life.
Adult Behavioral Health Solutions is an adult treatment program for people experiencing behavioral health challenges.**

Bayshore Medical Center 

An HCA Affiliated Hospital

BEHAVIORAL HEALTH

Adult Behavioral Health Solutions is designed to provide a safe haven for adults suffering from depression, anxiety and other behavioral health disorders. Our mission is to preserve integrity and restore capability to help adults live life to its fullest.

PROGRAM LOCATION

Our 24-bed unit is located on the 5th floor of Bayshore Medical Center in Pasadena, Texas. The newly renovated unit offers private rooms to enhance personal comfort while in treatment. Also, as a benefit to receiving services at Bayshore, patients have access to acute medical care should the need arise.

QUALITY STAFF

Our staff is committed to providing exceptional patient care by offering support and the necessary treatment tools for achieving better mental health.

Qualified, dedicated professionals are available to accurately diagnose and intervene with new ways to restore health. Our patients will be treated by a highly skilled, professional healthcare team including:

- Psychiatrists
- Physicians
- Registered Nurses
- Licensed Clinical Social Workers
- Recreational Therapists

PROGRAM DESIGN

Adult Behavioral Health Solutions offers a clinical model focused on accurate diagnosis, efficient stabilization and effective treatment intervention.

We utilize an individualized, interdisciplinary treatment approach to provide adults with the care they need to recover from mental health challenges. Care is flexible, creative and guided by a partnership with patients, family members and our treatment team.

SIGNS OF CONCERN

- Mood swings
- Irritability
- Feelings of hopelessness
- Remaining in bed
- Disturbances in sleep patterns
- Lethargy
- Apathy
- Withdrawal or isolation
- Overuse of alcohol, medications or drugs

- Violence toward self/others
- Racing thoughts
- Preoccupation

The combination and severity of these concerns will determine what services are required. Additionally, some medical conditions can cause behavioral health symptoms and are ruled out by the screening and assessment process.

